



# THE CENTURION



## PRESIDENT'S MESSAGE

**B. R. Priyadarshi**  
President

Dear Centurions,

As promised earlier, we took off last month with several events conducted by various committees headed by enthusiastic and able Chairpersons, all highly appreciated by our members who turned up in large numbers. The following were the events:

- ◆ **13th February 2022**  
Badminton Beer & Biryani Friendly Tournament
- ◆ **13th February 2022**  
Valentine's Eve Special Brunch with music by Ms. Sabrina G. Price.
- ◆ **17th February 2022**  
Talk on "First Love Yourself" by Ms. Preeti Pranav Jain
- ◆ **19th February 2022**  
"Learning the Art of Book Narration" by Mr. Bhaskar Gauribidanur
- ◆ **19th February 2022**  
Bar Happy Hours
- ◆ **20th February 2022**  
Valentine's Day Rummy Tournament
- ◆ **20th February 2022**  
Valentine's Day Bumper Tombola
- ◆ **26th February 2022**  
Retro Music by Surya (sponsored by Mr. K. R. Paranjothi)
- ◆ **27th February 2022**  
Table Tennis Beer & Biryani Tournament
- ◆ **28th February 2022**  
7th Covid Vaccination Camp by BBMP (free of cost).

I thank the members for their encouragement and congratulate our Committee members, the artistes and the speakers for their great contribution and the sponsors for their wonderful generosity.

I take this opportunity to thank our Hon. Secretary and our General Manager and his staff for their untiring efforts during all these events, especially the Vaccination Camp.

With best regards,

**B. R. Priyadarshi**



## HON. SECRETARY'S MESSAGE

**E. G. Jaideep**  
Hon. Secretary / Editor

Dear Centurions,

With the passage of time, memories fade. And with every generation, so does history. We should never forget the contribution and remarkable influence of our Founder, Sir M. Visvesvaraya and Patron, Nalwadi Krishnaraja Wadiyar.

We have replaced the brass plaques

below their busts in our Club premises and also included their dates of birth and demise (see photos).

We have enabled the toilets in the main building for the specially abled so that none of these loved souls have to face the discomfiture of being assisted beyond a point (see photos).

Finally, thanks to our President, we took the difficult decision of doing away with the printing of newsletters and monthly bills, in the bargain, saving the Club approximately Rs.25 lakhs per year! While both are being uploaded on our website [www.centuryclub.in](http://www.centuryclub.in), the newsletter is also being sent by WhatsApp, email and SMS and the monthly bills by email and SMS. Please note that you must register your mobile number with the Club to be able to login into your account in our website.

Regarding our staff, while they are very committed, to improve their efficiency, I have personally taken it upon myself to hone their written and spoken English, as well as familiarizing them with computer keyboard shortcuts.

We held a record 7th Vaccination Camp on the 28th of February wherein 73 members and their families were given the booster dose.

After 10 pm in the night and on days that Cubbon Park is closed to vehicles, the traffic signal for those exiting Century Club is turned off due to low traffic from our road, leading to a lot of confusion and piling up of traffic while waiting for a signal that would never come. To overcome the problem, we have stationed security staff near K. R. Circle to display placards (see photo) to the all the drivers leaving our Club.

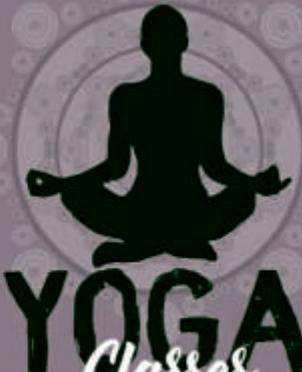
I request all members who haven't updated theirs, their spouse's and their dependents details with the Club, to do so immediately.

Furthermore, I request members to fill up the Club Business Directory form and submit it to the Club office ASAP. They could also fill up additional forms of the services or products offered by their spouse or dependents for its inclusion.



**E. G. Jaideep**

  
**Century Club Bangalore**  
 Health Center & Gym Sub Committee  
 Presents

# YOGA

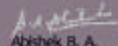
  
*Classes*  
**Integrated traditional Yoga**

Timings:  
 (Mon Wed Fri)  
 Batch-1: 6:30 am - 7:45 am  
 Batch-2: 8:00 am - 9:15 am

Register your name at Health Center & Gym  
 Suitable for all age groups and gender  
 Classes started, for more information- contact Jagan 8660921564

Charges per month:  
 Members: Rs.1,500/- + GST | Guests: Rs.2,500/- + GST

  
**B. R. Priyadarshi**  
 President

  
**Abhishek B. A.**  
 Chairman-Health Center & Gym

  
**E. G. Jaideep**  
 Hon. Secretary

Ref CC/1059 /2022
March 03, 2022

  
**CENTURY CLUB Bangalore**

**NOTICE**

**HEALTH CENTRE**

**TRADITIONAL INTEGRATED YOGA**






Yoga is a gift to the universe by the ancient Indian Rishi Munis for a healthy body and mind. It has a wide range of benefits for the overall development of mankind from a common man to divine personality. Yoga is not mere asanas (postures) but is a way of life.

NityaYogi Foundation in association with Century Club has introduced Yoga, Pranayama and Meditation to the club members.

Sri. K. S. Virwanath the founder of NityaYogi Foundation is from a corporate background, is a passionate yoga teacher and is enthusiastic to spread the awareness of wellness through yoga. Being a certified Yoga trainer with vast teaching experience, Sri Virwanath always in forefront to spread the knowledge of yoga.

We have introduced early morning yoga sessions in the club. Integrated traditional yoga consists of morning prayers to begin with tranquil state of mind followed by:

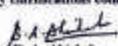
1. Sukshma Vyayam: for loosening of muscles and all joints
2. Breathing exercises: to gain conscious deep breathing for the whole day
3. Loosening Exercises: to remove lethargies
4. Suryanamaskaras: to gain complete body work out with flexibility
5. Asana: Different asanas for stretches across the body
6. Pranayama: to gain control over breath and in turn calm down the body and mind
7. Relaxations & Meditations: to gain higher divine knowledge.

The session includes various chanting, asanas for mental, spinal, abdominal and heart health etc. to maintain overall wellness. In addition, it improves the strength, stamina, steadfastness, perseverance, social and emotional health of the participants.

The Integrated Yoga session caters to all age groups and is helpful for members of any age.

For more information or any clarifications contact Jagan 8660921564

  
**B. R. Priyadarshi**  
 President

  
**B. A. Abhishek**  
 Chairman - Health Centre

  
**E. G. Jaideep**  
 Hon. Secretary

  
**CENTURY CLUB Bangalore**  
 Swimming Pool Sub-Committee  
 Presents






## AQUA

  
*Exercises*  
 by  
**Harihara Palani**  
(AEA Certified Coach)

For all age groups (minimum height 4 ft.)  
 Every Sunday from 10 am to 11 am | 4 sessions per month  
 Dates : 6, 13, 20 & 27 March 2022

**Charges per session:**  
 Members Rs.200/- + GST | Guests: Rs.300/- + GST  
**FREE FOR SUBSCRIBING MEMBERS**





**WATER POLO GAME**  
**Charges: FREE**  
 Every Sunday 11:30 am to 1 pm

Register your name at the Swimming Pool Section on or before 4<sup>th</sup> March 2022

  
**B. R. PRIYADARSHI**  
 President

  
**K. M. PRADEEP**  
 Chairman - Swimming Pool

  
**E. G. JAIDEEP**  
 Hon. Secretary

  
**CENTURY CLUB Bangalore**

**Table Tennis Sub-Committee**

**Table Tennis Summer Coaching Camp**



4<sup>th</sup> April - 30<sup>th</sup> May 2022  
 Monday, Wednesday & Friday  
 3:30 pm to 5 pm

Coaching by :  
**T. S. RAMKUMAR**  
 Renowned Karnataka State Champion  
 Represented Karnataka for more than 20 years at National Championships.  
 Recipient of the prestigious 'Dasara State Award'.  
 Former National Junior Coach.

**Camp open to members and guests, 6 years and above**

**Please bring your own racquets. Only non-marking shoes allowed.**

Coaching fee per month:  
 Members Rs.2,000 + GST | Guests Rs.2,500 + GST

**Register your names at the T. T. section with Mr. Arumugam**

  
**B. R. PRIYADARSHI**  
 President

  
**SUMA N. SHETTY**  
 Chairperson - Table Tennis

  
**E. G. JAIDEEP**  
 Hon. Secretary

**Badminton Beer & Biryani  
Tournament 13.02.2022**



**Valentine's Eve Special  
Brunch 13.02.2022**



**Ladies Wing  
Talk on First Love Yourself 17.02.2022**



**Library  
Learning The Art of Book Narration 19.02.2022**



**Bar  
Happy Hours 19.02.2022**



**Valentine Day  
Rummy Tournament 20.02.2022**



**Valentine's Day  
Bumper Tombola 20.02.2022**



**Retro Music  
by Surya 26.02.2022**



## Table Tennis Beer & Biryani Tournament 27.02.2022



## 7th Vaccination Camp 28.02.2022



## CALENDAR OF EVENTS – MARCH 2022

17/03/2022  
Thursday

**Ladies Wing**  
Talk on Health & Beauty by:  
**Ms. Bhavya**- Cosmetics / Skincare (Beauty)  
**Mr. Vignesh**- Wellness (Health)

19/03/2022  
Saturday

**Ladies Nite**  
Happy Hours exclusively for ladies,  
above 21 years of age.

20/03/2022  
Sunday

**Ugadi Bumper Tombola**  
Prize Money Rs.1,00,000/- @ 6 p.m.  
followed by High Tea.

26/03/2022  
Saturday

**Musical Nite**  
by K. J. Ravi Sitaraman  
7:30 pm onwards.

6, 13, 20 & 27  
March 2022

**Aqua Exercises &  
Water Polo Game**

## CONGRATULATIONS!



We are proud to inform you'll that Mr. Luvnith Sisodia, Dependent Member, S/o Mr. H. Sujith Sisodia (Member ID SSS98) has been selected to play for Royal Challengers, Bangalore in the Indian Premier League.

### ACHIEVEMENTS

- ◆ RCB, Indian Premier League 2022
- ◆ Karnataka Premier League 2018 & 2019
- ◆ Vijay Merchant Trophy
- ◆ SA Srinivasan Memorial Under-23 Cricket Tournament
- ◆ Vinoo Mankad Trophy
- ◆ BCCI South Zone
- ◆ Syed Mushtaq Ali Trophy

## OBITUARY

## OUR HEARTFELT SYMPATHIES TO THE GRIEVING FAMILIES



**Mr. K.C. Harendran**  
(A/C. No. PH17)  
15th February 2022



**Mrs. Indira Patolawala**  
(A/C. No. WI20)  
31st December 2021



**Mr. Keshawlal Parsram Dabrai**  
(A/C. No. PK121)  
14th February 2022



**Mr. Yadalam N. Gangadhar Setty**  
(A/C. No. PK121)  
14th February 2022

**THE RAJA OF BOBBILI**  
GREAT SPORTSMAN, POLO PLAYER,  
ZAMINDAR, POLITICIAN & RULER  
OF MADRAS PRESIDENCY



**CIRCA 1942**

*The last Raja of Bobbili, the family ruled the state from late 1890, was an illustrious ruler & sportsman. Imported fine breeds of horses from United Kingdom & Europe. His taste in his orders for Racing Cups were immaculate and grand. His commissions to C. Krishniah Chetty Group of Jewellers defined the design philosophy of Indian crafting standards. **This order, in solid silver, was worth then a princely Rs.500/-.***

*Photo courtesy: The CKC Family.*

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